



28 APRIL 2024 | PAFOS  
SPRINT DISTANCE - RESULTS

A/A	BIB	NAME	SURNAME	COUNTRY	CLUB	SWIM	T1	BIKE	T2	RUN	TOTAL TIME
<b>CADET BOYS 14-16</b>											
1	543	Aleksandr	Nasekin	Cyprus	Paphos Nautical Club	0:09:42,18	0:01:54,95	0:33:35,61	0:01:30,31	0:21:09,42	1:07:52,49
2	542	George	Christodoulou	Cyprus	DimosPaps Team/NOK	0:10:36,21	0:01:53,41	0:32:35,53	0:01:39,91	0:23:48,35	1:10:33,43
<b>JUNIOR MEN 17-18</b>											
1	544	Michalis	Mougis	Djibouti		0:15:37,21	0:03:34,72	0:36:56,91	0:02:15,91	0:23:12,46	1:21:37,21
<b>MEN 19-29</b>											
1	546	Dimitris	Koumbarou	Cyprus		0:15:46,59	0:03:20,91	0:43:51,51	0:02:59,24	0:26:43,59	1:32:41,84
2	545	Mykola	Kucherenko	Ukraine		0:18:55,78	0:06:07,25	0:42:06,45	0:02:00,16	0:27:53,46	1:37:03,11
<b>MEN 30-39</b>											
1	594	Mikita	Hryhoryeu	Unites States	W-Camp	0:10:32,71	0:01:34,90	0:32:52,19	0:01:16,55	0:20:05,64	1:06:22,00
2	558	Mikalai	Bachyshcha	Belarus	Tristyle	0:14:57,47	0:02:02,54	0:31:43,63	0:01:38,20	0:21:06,71	1:11:28,55
3	560	Yury	Yurchanka	Belarus		0:14:38,38	0:01:56,25	0:32:50,98	0:01:49,00	0:22:06,89	1:13:21,51
4	554	Oleg	Laputin	Cyprus	Temp	0:14:20,06	0:03:02,01	0:32:13,55	0:01:56,05	0:22:43,54	1:14:15,22
5	559	Andrei	Lantsevich	Poland		0:13:39,27	0:02:19,12	0:33:32,02	0:01:42,30	0:23:25,58	1:14:38,30
6	549	Anastasios	Barmperis	Greece		0:12:22,53	0:02:22,77	0:34:48,93	0:01:54,15	0:24:05,13	1:15:33,52
7	562	Viatcheslav	Kuznetsov	Cyprus	INEX Club	0:14:30,89	0:02:51,70	0:31:22,39	0:01:45,04	0:25:20,84	1:15:50,87
8	553	Irek	Akhunianov	Russian Federation	INEX Club	0:14:27,00	0:03:04,97	0:31:59,61	0:01:56,03	0:24:45,49	1:16:13,10
9	561	Alexey	Lukashov	Cyprus		0:12:16,54	0:03:01,13	0:34:17,18	0:02:15,17	0:27:58,03	1:19:48,06
10	563	Ioannis	Andreou	Cyprus		0:12:59,96	0:03:14,44	0:35:51,13	0:01:51,60	0:26:33,88	1:20:31,03

11	555	Alexandr	Shulgan	Poland		0:15:12,92	0:02:46,20	0:37:18,54	0:02:04,13	0:23:58,83	1:21:20,63
12	548	Alexander	Troitskiy	Cyprus		0:16:50,42	0:03:03,72	0:36:13,16	0:02:34,60	0:23:00,79	1:21:42,70
13	556	Siarhei	Voitau	Sweden		0:15:28,30	0:02:41,96	0:37:07,92	0:02:24,06	0:27:27,13	1:25:09,38
14	547	Luuk	Willems	Netherlands		0:16:55,72	0:03:19,07	0:38:16,76	0:02:42,06	0:24:00,87	1:25:14,49
15	557	Zsolt	Szilagy	Germany		0:20:58,28	0:05:57,30	0:46:16,56	0:03:16,90	0:33:32,25	1:50:01,30
16	550	Panagiotis	Triftaridis	Cyprus		0:18:11,09	0:05:06,50	0:49:23,11	0:02:30,40	0:39:55,44	1:55:06,55
DNS	593	Aliaksei	Kupreyeu	Cyprus	W-Camp						DNS

#### MEN 40-49

1	574	Alexander	Marushko	Cyprus	Samigonschiki	0:12:41,73	0:02:56,81	0:32:35,25	0:02:10,13	0:21:55,98	1:12:19,92
2	569	Giorgos	Papadavid	Cyprus	DimosPaps Team	0:12:09,63	0:02:04,89	0:34:04,23	0:02:17,21	0:24:07,73	1:14:43,70
3	565	Yiannos	Assiotis	Cyprus		0:14:33,96	0:02:55,50	0:32:04,14	0:02:09,46	0:25:16,69	1:16:59,76
4	575	Oleg	Kachaev	Belarus	Tristyle	0:13:10,00	0:02:14,89	0:34:07,60	0:01:53,80	0:25:39,41	1:17:05,71
5	568	Marios	Vrioni	Cyprus	VS Sport And more	0:12:42,63	0:02:45,95	0:34:04,28	0:02:06,92	0:26:02,25	1:17:42,04
6	576	Chris	Tutin	United Kingdom		0:12:41,03	0:02:30,42	0:36:59,81	0:01:46,37	0:25:39,26	1:19:36,89
7	572	Gavriel	Panaris	Cyprus		0:20:36,50	0:03:55,15	0:38:08,42	0:02:17,09	0:24:36,20	1:29:33,38
8	578	Costantinos	Charalambous	Cyprus		0:16:21,05	0:03:15,52	0:37:48,84	0:02:28,32	0:32:00,57	1:31:54,31
9	564	Nikos	Nikolaou	Cyprus	Nireas Nautical Club	0:15:43,00	0:05:07,78	0:39:38,58	0:03:31,78	0:30:08,82	1:34:09,98
10	595	Marios	Kyriakou	Cyprus	Darefore	0:21:03,56	0:04:32,91	0:40:04,12	0:02:31,92	0:26:30,91	1:34:43,43
11	573	Panayiotis	Kyriakou	Cyprus	Darefore	0:17:19,16	0:03:41,99	0:42:58,75	0:02:52,98	0:30:48,40	1:37:41,28
12	577	Thomas	Pavlidis	Cyprus	DimosPaps Team	0:16:33,47	0:05:22,09	0:41:46,72	0:03:57,32	0:31:36,94	1:39:16,54
13	566	Michael	Anastasiades	Cyprus	Darefore Team	0:16:41,83	0:05:00,07	0:46:12,29	0:02:25,11	0:29:15,73	1:39:35,03
14	567	Gregory	Friend	Cyprus							DNS

#### MEN 50+

1	583	Tryfonas	Attipas	Cyprus	DimosPaps Team	0:13:27,08	0:02:52,52	0:33:10,35	0:02:26,30	0:22:36,28	1:14:32,54
2	582	Antonis	Drakos	Cyprus	DimosPaps Team	0:14:36,67	0:02:47,06	0:36:10,16	0:01:37,06	0:25:21,55	1:20:32,50
3	580	Yiannos	Kyriacou	Cyprus		0:16:24,76	0:03:52,93	0:38:11,33	0:02:24,38	0:25:09,12	1:26:02,52
4	585	Paul	Bellamy	Kenya		0:15:32,32	0:02:54,68	0:38:27,56	0:02:30,28	0:36:12,84	1:35:37,70
5	584	Anastasis	Lazarides	Cyprus	Nireas	0:18:33,15	0:05:18,33	0:44:05,02	0:03:16,54	0:30:50,07	1:42:03,11
6	579	Doros	Paphitis	Cyprus	Stelios Kyriakides	0:20:05,58	0:07:49,55	0:53:43,43	0:03:41,06	0:32:49,48	1:58:09,11

#### JUNIOR WOMEN 17-18

1	586	Andriana	Paphitis	Cyprus	Stelios Kyriakides	0:20:04,37	0:07:52,48	0:53:42,64	0:03:40,31	0:32:49,12	1:58:08,92
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**WOMEN 19-29**

1	587	Panagiota	Themistokleous	Cyprus		0:11:54,15	0:03:24,34	0:40:51,06	0:02:29,31	0:26:57,15	1:25:36,01
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**WOMEN 30-39**

1	551	Anastasia	Abrosimova	Russian Federation	TRYLOGY	0:09:36,51	0:01:43,71	0:33:46,54	0:01:17,38	0:19:47,54	1:06:11,69
2	552	Darya	Slizh	Lithuania		0:15:44,61	0:02:20,81	0:40:35,94	0:01:32,67	0:25:03,40	1:25:17,43
3	588	Nataliia	Laputina	Russian Federation		0:15:05,73	0:02:57,08	0:38:45,73	0:02:38,10	0:26:25,11	1:25:51,75

**WOMEN 40-49**

1	571	Sarah	OToole	Cyprus	Paphos Running Club	0:17:20,67	0:02:37,13	0:40:36,61	0:02:06,22	0:26:12,30	1:28:52,94
2	570	Rodoula	Athnasiou	Cyprus		0:22:54,81	0:05:05,01	0:50:50,99	0:04:13,21	0:31:46,98	1:54:51,00

**WOMEN 50+**

1	581	Florentia	Charalambous	Cyprus	DimosPaps Team	0:16:26,52	0:03:12,93	0:37:48,72	0:02:03,65	0:27:17,45	1:26:49,27
2	589	Helen	Rogers	Cyprus		0:24:56,40	0:06:10,00	0:52:00,87	0:04:19,48	0:41:54,59	2:09:21,35
3	590	Elena	Lazarides	Cyprus	Nireas Nautical Club	0:24:05,41	0:07:40,82	0:59:14,27	0:04:13,11	0:40:01,07	2:15:14,69

**MIXED TEAMS**

		David	Taylor	Cyprus							
1	591	Janice	Eastman	Cyprus	Stitched Together	0:12:59,17	0:01:47,47	0:33:40,40	0:01:54,41	0:30:08,03	1:20:29,50
		Emma	Richardson	Cyprus							

**MEN'S TEAMS**

		Dimitris	Domouchtsis	Cyprus							
1	592	Andreas	Skordis	Cyprus	A TEAM	0:13:11,69	0:02:02,03	0:39:28,39	0:01:36,42	0:25:16,27	1:21:34,81
		Constantinos	Mylona	Cyprus							